

BREAKFAST

Free for All Students!

SEPTEMBER 2020

Martins Ferry City Schools K-12 Menu

LUNCH PRICES

Elementary \$2.75 MS/HS \$3.00

Reduced \$0.40 Adults \$3.50

Menu Subject to Change

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Deposits must be made online or at breakfast only!

Labor Day
❖
NO SCHOOL

1
Chocolate Chip French Toast
Fresh Fruit
White Milk or Chocolate Milk

Grilled Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit - Mustard & Ketchup
White Milk or Chocolate Milk

2
Super Donut
Applesauce
White Milk or Chocolate Milk

WW Grilled Cheese - Ketchup
Chili - Pickles - Crackers
Fresh Fruit
White Milk or Chocolate Milk

3
Sausage Pancake Wraps
Fresh Fruit
White Milk or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit - Mustard & Ketchup
White Milk or Chocolate Milk

4
Mini Chocolate Donuts
Fresh Fruit
White Milk or Chocolate Milk

Grilled Chicken Breast - WW Bread
Potato Wedges - Ketchup
Fresh Fruit
White Milk or Chocolate Milk

8
Cinnamon Pancake
Fresh Fruit
White Milk or Chocolate Milk

Chicken & Rotini - WG Roll
Broccoli
Fresh Fruit
White Milk or Chocolate Milk

9
Cherry Crunch Bar
Applesauce
White Milk or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Mustard & Ketchup - Fresh Fruit
White Milk or Chocolate Milk

10
Egg & Cheese Sandwich
Fresh Fruit
White Milk or Chocolate Milk

Rigatoni with Meat Sauce
Garlic Bread - Peas
Applesauce
White Milk or Chocolate Milk

11
Mini Powdered Donut
Raisins
White Milk or Chocolate Milk

Turkey & Cheese on WG Bun
Carrots - Pickles - Mustard & Ketchup
Fresh Fruit
White Milk or Chocolate Milk

14
Pop Tarts
Raisins
White Milk or Chocolate Milk

WW Grilled Cheese - Pickles
Chili - Crackers - Ketchup
Fresh Fruit
White Milk or Chocolate Milk

15
Sausage Pancake Wraps
Fresh Fruit
White Milk or Chocolate Milk

Pepperoni & Cheese Calzone
Fresh Veggies - Ranch Cup
Fresh Fruit
White Milk or Chocolate Milk

16
Mini Chocolate Donuts
Applesauce
White Milk or Chocolate Milk

Grilled Chicken Breast - WW Bread
Potato Wedges - Ketchup
Fresh Fruit
White Milk or Chocolate Milk

17
Chocolate Chip French Toast
Fresh Fruit
White Milk or Chocolate Milk

Tony's WG Pizza
Green Beans
Fresh Fruit
White Milk or Chocolate Milk

18
Super Donut
Fresh Fruit
White Milk or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit - Mustard & Ketchup
White Milk or Chocolate Milk

21
Crunch Mania
Fresh Fruit
White Milk or Chocolate Milk

Turkey & Cheese on WG Bun - Pickles
Sweet Potatoes - Mustard & Ketchup
Fresh Fruit
White Milk or Chocolate Milk

22
Apples Cinnamon Texas Toast
Raisins
White Milk or Chocolate Milk

Cheeseburger on WG Bun
Baked Beans - Pickles
Mustard & Ketchup - Fresh Fruit
White Milk or Chocolate Milk

23
Mini Powdered Donuts
Applesauce
White Milk or Chocolate Milk

Chicken & Rotini - WG Roll
Broccoli
Fresh Fruit
White Milk or Chocolate Milk

24
Egg & Cheese Sandwich
Fresh Fruit
White Milk or Chocolate Milk

Rigatoni with Meat Sauce
Garlic Bread - Corn
Applesauce
White Milk or Chocolate Milk

25
Cherry Crunch Bar
Fresh Fruit
White Milk or Chocolate Milk

Tony's WG Pizza
Green Beans
Fresh Fruit
White Milk or Chocolate Milk

28
Pop Tarts
Raisins
White Milk or Chocolate Milk

Hamburger on WG Bun
Broccoli & Cheese - Pickles
Fresh Fruit - Mustard & Ketchup
White Milk or Chocolate Milk

29
Chocolate Chip French Toast
Fresh Fruit
White Milk or Chocolate Milk

Grilled Chicken on WG Bun
Sweet Potato Fries - Pickles
Fresh Fruit - Mustard & Ketchup
White Milk or Chocolate Milk

30
Super Donut
Applesauce
White Milk or Chocolate Milk

DeFelice Pizza
Fresh Veggies - Ranch Cup
Fresh Fruit
White Milk or Chocolate Milk

R. Yoder, Food Service
740-633-1732 ext. 0

NO CASH WILL BE ACCEPTED AT LUNCH TIME! Deposits must be made online or at Breakfast Only.

Lunch Applications Accepted All Year – Please make sure you have one on file.

Temporary Status from last school year will expire October 1st. If you do not have a current application on file you will be charged \$2.75 for each elementary lunch and \$3.00 for each middle school or high school lunch.

Students can NOT Charge Ala carte Items or Snacks!

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com